

PRODUCE

- ___ Apples
- ___ Artichokes
- ___ Avocados
- ___ Bananas
- ___ Berries
- ___ Broccoli
- ___ Cabbage
- ___ Carrots
- ___ Cauliflower
- ___ Celery
- ___ Cucumbers
- ___ Garlic
- ___ Grapefruit
- ___ Grapes
- ___ Green Onions
- ___ Lemons
- ___ Lettuce
- ___ Limes
- ___ Melon
- ___ Mushrooms
- ___ Onions (yellow, green, red)
- ___ Oranges
- ___ Pears
- ___ Peppers
- ___ Potatoes
- ___ Salad Mix
- ___ Spinach
- ___ Tomatoes
- ___ _____
- ___ _____

DAIRY

- ___ Butter
- ___ Cheddar Cheese
- ___ Cottage Cheese
- ___ Cream Cheese
- ___ Eggs
- ___ Margarine
- ___ Milk
- ___ Mozzarella Cheese
- ___ Parmesan Cheese
- ___ Shredded Cheese
- ___ Sour Cream
- ___ String Cheese
- ___ Whipped Cream
- ___ Orange Juice
- ___ Yogurt
- ___ _____
- ___ _____

MEAT, FISH, POULTRY

- ___ Bacon
- ___ Chicken
- ___ Deli Meat
- ___ Fish
- ___ Ground Turkey
- ___ Ham
- ___ Hamburger
- ___ Hot Dogs
- ___ lbs. Roast
- ___ Pork

- ___ Sandwich Meat
- ___ Sausage
- ___ Shellfish
- ___ Tofu
- ___ _____
- ___ _____

BAKERY

- ___ Bagels
- ___ Buns
- ___ English Muffins
- ___ French Bread
- ___ Pita Bread
- ___ Refrig. Canned Biscuits
- ___ Rolls
- ___ Sliced Bread
- ___ Tortillas
- ___ _____
- ___ _____

DRY GOODS

- ___ Cereal
- ___ Chips
- ___ Cookies
- ___ Crackers
- ___ Dried Fruit
- ___ Gelatin
- ___ Oatmeal
- ___ Pancake Mix
- ___ Pasta
- ___ Rice
- ___ Rice Cakes
- ___ _____
- ___ _____

CANNED GOODS

- ___ Applesauce
- ___ Beans (kidney, black, garbanzo, etc)
- ___ Canned Chicken
- ___ Canned Fruit
- ___ Canned Soup
- ___ Canned Veggies
- ___ Chili
- ___ Cream of ___ Soup
- ___ Spaghetti Sauce
- ___ Tomato (diced)
- ___ Tomato (stewed)
- ___ Tomato Paste
- ___ Tomato Sauce
- ___ Tuna
- ___ _____
- ___ _____

FROZEN FOODS

- ___ French Fries/Tater Tots
- ___ Frozen Dinners
- ___ Frozen Juice
- ___ Frozen Veggies
- ___ Fruit/Berries
- ___ Ice Cream
- ___ Pizza

- ___ Popsicles
- ___ Waffles
- ___ _____
- ___ _____

BAKING NEEDS

- ___ Baking Chocolate
- ___ Baking Powder
- ___ Baking Soda
- ___ Brown Sugar
- ___ Chocolate Chips
- ___ Coconut
- ___ Cornmeal
- ___ Cornstarch
- ___ Evaporated Milk
- ___ Flour
- ___ Nonfat Dried Milk
- ___ Nuts
- ___ Oil
- ___ Pepper
- ___ Raisins
- ___ Salt
- ___ Shortening
- ___ Spices (_____)
- ___ Sugar
- ___ Vanilla
- ___ _____
- ___ _____

CONDIMENTS

- ___ BBQ Sauce
- ___ Honey
- ___ Jelly/Jam
- ___ Ketchup
- ___ Mayonnaise
- ___ Mustard
- ___ Peanut Butter
- ___ Pickles
- ___ Salad Dressing
- ___ Salsa
- ___ Soy Sauce
- ___ Steak Sauce
- ___ Syrup
- ___ Vinegar (_____)
- ___ _____
- ___ _____

BEVERAGES

- ___ Beer
- ___ Juice
- ___ Margarita Mix
- ___ Soda
- ___ Water
- ___ Wine
- ___ _____
- ___ _____

PAPER PRODUCTS

- ___ Aluminum Foil
- ___ Garbage Bags
- ___ Lunch Bags

- ___ Napkins
- ___ Paper Towels
- ___ Plastic Wrap
- ___ Tissue
- ___ Toilet Paper
- ___ Waxed Paper
- ___ Zipper Bags
- ___ _____
- ___ _____

CLEANING/ LAUNDRY SUPPLIES

- ___ Bleach
- ___ Detergent
- ___ Fabric Softener
- ___ Multipurpose Cleanser
- ___ Powdered Cleanser
- ___ Toilet Tablets
- ___ Glass Cleaner
- ___ Furniture Polish
- ___ Disinfectant Wipes
- ___ Disinfectant Spray
- ___ Dishwasher Soap
- ___ Dish Soap
- ___ Scouring Pads
- ___ Sponges
- ___ _____
- ___ _____

BATHROOM ITEMS

- ___ Cold Medication
- ___ Conditioner
- ___ Deodorant
- ___ Feminine Products
- ___ Hairspray/Gel
- ___ Pain Reliever
- ___ Razors
- ___ Saline Solution
- ___ Shampoo
- ___ Shaving Cream
- ___ Soap
- ___ Tooth Paste
- ___ Toothbrushes
- ___ _____
- ___ _____

BABY ITEMS

- ___ Baby Food
- ___ Baby Medicine
- ___ Baby Shampoo
- ___ Diapers
- ___ Formula
- ___ Training Pants
- ___ Wipes
- ___ _____
- ___ _____

MISCELLANEOUS

- ___ Batteries
- ___ Cat Litter
- ___ First Aid Supplies
- ___ Light bulbs
- ___ Pet Food
- ___ Vitamins
- ___ _____
- ___ _____
- ___ _____
- ___ _____